

OST NATIVE HEALING PROGRAM

TREATMENTS & SCHEDULE

The mission of the OST Native Healing Program is to treat Substance Abuse Disorders in our Oyate by healing the mind, body, and spirit through cultural teachings. Native Healing's accredited team will provide hope, compassion, and empowerment to each individual on their wellness journey in a loving, caring, and safe environment.

The Native Healing Program incorporates evidence-based, best practices and strength-based curriculum. The Native Healing Program utilizes Native American culture as the foundation of the therapeutic healing process.

CONTACT US AT:

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WEBSITE

www.nativehealingprogram.com

Online Drug & alcohol assessments/evaluations

Evaluations are scheduled throughout each month Monday-Thursday between the hours of 8:00 am and 2:00 pm.

Times and dates are subject to change due to counselor conferences, staff trainings, holidays and severe weather.

Scheduled time for Assessments averages 2-3 hours each from start to finish. Assessments are offered online or in person (Whichever fits the individual's needs).

Intensive Outpatient Treatment Classes (IOP)-Onsite

This is an 8-week treatment coinciding with individual sessions once a week with the instructor. Attendance is mandatory and appreciated

<u>IN PERSON WEEKLY CLASSES</u>		<u>INDIVIDUAL SESSIONS</u>
Tuesday's	9:00am-1:00pm	Weekly 1 hour per Individual
Wednesday's	9:00am-1:00pm	

Aftercare Group—Online Sessions

Aftercare counseling sessions run 1-hour Zoom Group meetings each week for 8-weeks to discuss challenges and share recommendations for staying in recovery.

Online Zoom Class Tuesday's 1:00 pm-2:00 pm

DUI/DWI Classes— Conducted Onsite

DUI Class is a 12-hour course offered every other month. Each class is 6-hours long and runs on the first and second Thursday of every other month.

Person(s) will need to be present for the first scheduled class to attend the second class to receive a DUI completion certificate. No Exceptions.

2 Six-hour classes each month to equal 12-hour required course hours

Both classes are from 9:00 am to 3:00 pm

Next Scheduled Classes

*No DUI Classes offer in December 2024

*January 2nd, 2025, and January 9th, 2025

*No DUI Classes offered in February 2025

*March 6th, 2025, and March 13th, 2025

*No DUI Classes offered in April 2025

Codependency Treatment-Onsite

Codependency will be a weeklong treatment located at our facility.

Next Scheduled dates: TBD