



OGLALA SIOUX TRIBE  
 NATIVE HEALING PROGRAM  
 1205 EAST SAINT JAMES STREET  
 RAPID CITY, SD 57701  
 PHONE (605) 342-8925  
 FAX (605) 718-3022



# CO-DEPENDENCY TREATMENT

## Creating a Process for Positive Change



## Treatment Dates for 2022

### Accepting Applications

Co-Dependency will be in person at Native Healing facility.

**Location:** OST Native Healing  
 1205 East Saint James Street  
 Rapid City, SD 57701

You will be responsible for your meals and room and board while attending this treatment. Suggestions for motel rooms will be given upon request. We will provide snacks and drinks during this treatment.

Dates for this treatment are as follows:

November 7<sup>th</sup>-11<sup>th</sup>, 2022

9:00 am-4:00 pm

You will need to provide the following;

- ✚ Proof of Tribal Enrollment & Valid Photo ID
- ✚ Complete a Co-Dependency Application
- ✚ Complete Co-Dependency forms once accepted

Co-dependency is a learned behavior that can be passed down from one generation to another. It is an emotional and behavioral condition that affects an individual's ability to have a healthy, mutually satisfying relationship. It is also known as "relationship addiction" because people with codependency often form or maintain relationships that are one-sided, emotionally destructive and/or abusive. The disorder was first identified as the result of years of studying interpersonal relationships in families of alcoholics. Co-dependency is a learned behavior that usually stems from past behavioral patterns and emotional difficulties.

### *Understanding the Process of Healing*

- |  |                             |
|--|-----------------------------|
| ~ <i>Dynamics of Co-dependency</i>                   | ~ <i>Healthy Boundaries</i> |
| ~ <i>Symptoms of Co-dependency</i>                   | ~ <i>Relationships</i>      |
| ~ <i>Grief (loss of loved one, traumatic events)</i> | ~ <i>Enabling</i>           |

***Requirement of six months post treatment sobriety needed or one-year sobriety.***

Upon receipt of your Acceptance Letter into Co-Dependency Treatment, you will need to contact Counselor Candace Pourier, ADC, at (605)-593-8809 for a "What to Expect" conversation & a brief screening. If you reside within Rapid City you may pick up the application & all required forms in person, however, you will be asked Covid screening health questions before your scheduled time to come to the office. Online forms can be completed for this treatment. Masks are a requirement due Covid-19 upon arrival to the facility. You will also need to provide a copy of a valid photo ID & proof of tribal enrollment.