

OST NATIVE HEALING PROGRAM 2023 SCHEDULE & TREATMENTS

THE MISSION OF THE OST NATIVE HEALING PROGRAM IS TO TREAT SUBSTANCE ABUSE DISORDERS IN OUR OYATE BY HEALING THE MIND, BODY, AND SPIRIT THROUGH CULTURAL TEACHINGS. NATIVE HEALING'S ACCREDITED TEAM WILL PROVIDE HOPE, COMPASSION, AND EMPOWERMENT TO EACH INDIVIDUAL ON THEIR WELLNESS JOURNEY IN A LOVING, CARING, AND SAFE ENVIRONMENT.

THE NATIVE HEALING PROGRAM INCORPORATES EVIDENCE-BASED, BEST PRACTICES AND STRENGTH-BASED CURRICULUM. THE NATIVE HEALING PROGRAM UTILIZES NATIVE AMERICAN CULTURE AS THE FOUNDATION OF THE THERAPEUTIC HEALING PROCESS.

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ONLINE DRUG & ALCOHOL ASSESSMENTS/EVALUATIONS

Below is how you would start a Drug and Alcohol Evaluation with our facility. No paper packets will be available.

- ✚ First, contact our office to start an electronic chart. (Demographic Information)
- ✚ You will need to provide a valid email address.
- ✚ We will email you the link to our website the "Client Portal," and you will then be given a username and password to access that website.
- ✚ You will need to upload a picture of your proof of tribal enrollment, valid photo ID and any insurance you may have to our "Client Portal" website. Then contact our office and let us know that they have been uploaded.
- ✚ After you have provided the required documents, we will then send you all the evaluation forms for you to complete to our website.
- ✚ Then contact our office after the forms have been completed and we will schedule you for an online video evaluation or a in person evaluation.

INTENSIVE OUTPATIENT TREATMENT CLASSES (IOP)-ONSITE

IOP Group Treatment sessions are in person and located at our facility. One-on-One counseling sessions will be scheduled coinciding with the IOP Treatment only. If you are continuing care from a different facility for IOP Treatment you will have to provide your recent full evaluation, discharge summary, proof of tribal enrollment and a valid photo ID. Forms will need to be completed before treatment can start. A workbook will be provided at the start of this treatment. A waiting list is often implemented and can be lengthy. Attendance is mandatory and appreciated.

IN PERSON WEEKLY CLASSES

Tuesday's 9:00am-1:00pm
Wednesday's 9:00am-1:00pm

INDIVIDUAL SESSIONS

Weekly 1 hour per individual

AFTERCARE GROUP-OFFERED ONLINE

Aftercare is follow-up treatment you receive after being in a drug or alcohol rehab program. Aftercare programs can help prevent relapse and help you stay focused on your recovery. Treatment will be held through Online Zoom Group Tuesday's from 1:00 pm-2:00 pm. An Aftercare Treatment Plan and forms will need to be completed for this treatment. Waiting lists sometimes apply to this treatment. If you need to continue care from another facility, you will need to provide your full evaluation, discharge summary, proof of tribal enrollment and valid photo ID.

Tuesday's 1:00 pm-2:00 pm Online Zoom Class

DUI/DWI CLASSES— CONDUCTED ONSITE

You will need to provide proof of tribal enrollment, a valid photo ID, and valid email address. We will also issue you a username and password for our Client Portal Website for DUI forms to complete. Paperwork will need to be completed online prior to the course date. A DUI workbook will be given to you on your first day of class. *Both classes are located at our facility and are from 9:00 am-3:00 pm.

2 Six-hour classes each month to equal 12-hour required course hours

Next Scheduled Classes→ ***NO CLASSES SCHEDULED FOR AUGUST 2023**

***September 7th, 2023, and September 14th, 2023**

***NO CLASSES SCHEDULED FOR OCTOBER 2023**

***November 2nd, 2023, and November 9th, 2023**

***NO CLASSES SCHEDULED FOR DECEMBER 2023**

You will need to be present for the first scheduled class to attend the second class to receive your DUI completion certificate. No exceptions.