



OGLALA SIOUX TRIBE
 NATIVE HEALING PROGRAM
 1205 EAST SAINT JAMES STREET
 RAPID CITY, SD 57701
 PHONE (605) 342-8925
 FAX (605) 718-3022



CO-DEPENDENCY TREATMENT

Creating a Process for Positive Change



Treatment Date for 2024

Accepting Applications

Co-Dependency will be in person located at Native Healing facility.

Address: OST Native Healing
 1205 East Saint James Street
 Rapid City, SD 57701

You will be responsible for your meals and room and board while attending this treatment. Suggestions for motel rooms will be given upon request. We will provide snacks and drinks during this treatment. Last day we will be accepting applications will be January 29th, 2024, for this treatment.

Dates for this treatment are as follows;

February 5th, 2024, through February 9th, 2024

9:00 am-4:00 pm

You will need to provide the following;

- ✚ Proof of Tribal Enrollment & Valid Photo ID
- ✚ Insurance is requested but not needed to attend
- ✚ Complete a Co-Dependency Application
- ✚ You will need to complete Co-Dependency forms once accepted.

Co-dependency is a learned behavior that can be passed down from one generation to another. It is an emotional and behavioral condition that affects an individual's ability to have a healthy, mutually satisfying relationship. It is also known as "relationship addiction" because people with codependency often form or maintain relationships that are one-sided, emotionally destructive and/or abusive. The disorder was first identified as the result of years of studying interpersonal relationships in families of alcoholics. Co-dependency is a learned behavior that usually stems from past behavioral patterns and emotional difficulties.

Understanding the Process of Healing

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| ~ Dynamics of Co-dependency | ~ Healthy Boundaries |
| ~ Symptoms of Co-dependency | ~ Relationships |
| ~ Grief (loss of loved one, traumatic events) | ~ Enabling |

Requirement of six months post treatment sobriety needed or one-year sobriety.

Upon receipt of your Acceptance Letter into Co-Dependency Treatment, you will need to contact Counselor Candace Pourier, LAC, at (605)-593-8809 for a "What to Expect" conversation & a brief screening. If you reside within Rapid City, you may pick up the application & all required forms in person. We do have an online process that can be completed for this treatment. A paper packet can be provided as well. You will also need to provide a copy of a valid photo ID & proof of tribal enrollment. The cutoff date to submit these applications will be January 17, 2024, by 4:30 pm.