



NATIVE WOMEN'S HEALTH CARE

Working Together as a Team to provide safety, privacy, respect and dedication to ensure quality care for Native American Women and Healthy Babies

NWHC participates in the "Linkage of Prenatal and Primary Innovations Grant".

NWHC provides on outpatient services including pregnancy testing, prenatal care and postpartum follow-up, maternal serum screening and limited Obstetric ultrasound Antepartum practices such as diabetes screening and HIV testing are offered. Dating scans as well as basic ultrasound can be performed onsite. Gynecological services available include annual examinations, pap screening, and colposcopy, sexually transmitted infections (STI) diagnosis and treatment. Family planning services are available with oral contraceptives, contraceptive patch, Nuva-ring, Depo-Provera, Nexplanon and IUD's. offered as birth control options. Arrangements can be made for genetic counseling and Maternal Fetal Medicine (MFM) consults as needed for histories of recurrent early losses, previous fetal demise, genetic disorders, diabetes, hypertension/preeclampsia, maternal diseases, (cardiac, lung, thyroid, GI, hemotologic, autoimmune infectious, maternal antibodies, IUGR and multiple gestations.) As the only midwifery practice in Rapid City, NWHC can provide a unique and invaluable service to Native women in the area.

The role of NWHC within this unprecedented conglomeration includes the intent to utilize evidence-based practices including the services currently being performed at NWHC focusing on the management of Women's Health Care, pregnancy, childbirth and postpartum care.

CONTACT

NATIVE HEALING PROGRAM

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HOURS: 8:00 - 12:00 / 12:30 to 4:15 M-Th
Fridays 9:00 - 12:00 / 12:20 to 4:15
Closed Federal and Tribal Holidays

Funded by the State of South Dakota Division of Medical Services.



The lifestyles of the Native peoples of the Western Hemisphere were unique, from their day to day living, spirituality, community life, and family life. Tragically, due to the onslaught of colonialism this way of life was nearly obliterated. The aftershocks of these events have led to Native American men and women to succumb to substance use / abuse/addictions

The roles of men and women were very distinct throughout members of a tribal society. The role of man was to hunt, to defend their lands and families, to debate in public forums, and lead the community's spiritual life. The role of the women was to gather and prepare food, provide clothing and shelter, bear children, nurture them in their development and guide them in societal structure and to learn to live within the edifice of the community.

Women's strongest sense of power was to bear children. This power was centered around the menstrual cycle. Women moved into a paradigm shifting into womanhood. It was generally viewed by the society that her dreams held special implication for family and community. At this crossroad she was recognized with a special ceremony for her new status.

Each Native woman's journey reveals intricate mosaic of strength, courage, and wisdom. For generations grandmothers, mothers, and sisters, and daughters played a major role in maintaining culture, protecting families, and supporting government. The women's guidance sustained and equipped future generations with knowledge, support, and attaining resources necessary to achieve success in their personal lives and family and extended families. Women's role supported issues that have a significant impact on tribal communities, i.e., welfare of the community, economic, education, and health issues.

We cannot change the history of the cultural annihilation that has taken place and the resultant trauma caused by these events. Education and awareness are means that Tribal members have taken advantage to empower and intervene in the historical trauma that is destroying nuclear family systems. The Native Women's Health Center, Community Health Workers, and Native Healing Program are addressing the problems encountered by many young women and mothers who are seeking effective means of supporting their families. Substance use/abuse/addictions have caused major problems among families.



NATIVE HEALING PROGRAM

Native Healing Program offers a comprehensive and culturally sensitive substance abuse outpatient program and mental health counseling that utilizes a holistic approach to wellness.

Services are available for pregnant Native American females.

- Assessments
- Complementary therapies including
- EMDR
- Cognitive Behavioral Therapy
- Trauma Informed Care
- Referrals
- Wrap-around services
- Alcohol education classes
- Traditional healing
- Case management
- Co-occurring disorders treatment
- Traditional Counseling
- Adult Intensive Outpatient Substance Use Treatment
- Aftercare
- Recovery Coaching
- Positive Indian Parenting classes
- Historical Trauma Recovery

Native Healing Program offers safe and judgment-free addiction care. We provide care for mothers at all pregnancy stages. We will listen to your individual needs and create a treatment plan that covers you now and after the baby comes.

Pregnancy is a sacred time, and we want to support you through your journey.



COMMUNITY HEALTH WORKERS

CHW services are offered through the CHR program for our Native prenats with sud/mental health.

(We offer telehealth services due to the pandemic)

"Community Health Worker Agency" is an enrolled South Dakota Medicaid provider that employs CHWs to provide CHW Services to eligible recipients with either full South Dakota Medicaid/CHIP coverage or SD Medicaid or CHIP coverage under aid categories 47, 77 or 79.

CHW Services are diagnosis-related medical intervention, not a social service.

Care Plan: A Care Plan is a written plan which specifically addresses the recipient's medical condition or a barrier that is affecting their health and must list specific services required for meeting the written objectives. The Care Plan must be reviewed at least semiannually by the ordering provider.

All referrals made to the CHW program must be made prior to any services provided by the CHW. All referrals are considered.

CHW Services is a health service to prevent disease, disability, and other health conditions or their progression for individuals with a chronic condition or at risk for a chronic condition who are unable to self-manage the condition or for individuals with a documented barrier affecting the individual's health.

The CHW offers incentives to participants. We are nonjudgmental and we respect all of our clients and all will be treated with dignity.

The CHR Program offers transportation to our clients who are in need.